

**Children’s Examination of Conscience,
in the form of a “Litany of Sorrow”**
Used at the First Reconciliation liturgy at St. Bavo Parish

Litany of Sorrow

God has given us Jesus our Good Shepherd, to guide and care for us. Let us look within our hearts to see how well we follow Jesus in obeying the commandments to love God and others.

(Please kneel)

Please respond: *Forgive us, Lord.*

- For the times we have not loved God as we should...
- For the times we have forgotten to praise and thank God by praying daily...
- For the times we have misused God's name...
- For the times we did not attend the celebration of the Mass on Saturday evening or Sunday...
- For the times we did not obey parents, teachers, and those in authority...
- For the times we have fought, been unkind or mean to others...
- For the times we have been dishonest or unfair...
- For the times we have been jealous of others...
- For the times we have refused to share with the sick, lonely, or poor...
- For the times we have refused to forgive others...